

**International Women's Day, 08 March 2018
Philippine Embassy, Manama, Kingdom of Bahrain**

The Philippine Embassy in Manama joined the international community in celebrating the International Women's Day on 08 March 2018. The highlight of the celebration was the Embassy's *Serbisyo Para Kay Juana*, wherein one of the Embassy's Data-capturing Machine was made available exclusively for women passport applicants. POLO-OWWA also sponsored free blood-sugar testing and blood pressure monitoring for all Embassy clients and personnel.



Clockwise from the top: Ms. Kristel Ann T. Mendoza, manning the dedicated DCM for Post's women passport applicants; H.E. Alfonso A. Ver, Welfare Officer Priscilla Flores, volunteer nurses, MWOFRFC wards and Embassy clients during the free blood sugar and blood pressure monitoring sponsored by POLO-OWWA; Manama PE ladies headed by Mme. Belinda Caroline C. Ver (fourth from left), together with H.E. Alfonso A. Ver; Manama PE Family

Post-arrival Orientation Seminar (PAOS), 10 March 2018 Philippine Embassy, Manama, Kingdom of Bahrain

On 10 March 2018, a Post-arrival Orientation seminar for Household Service Workers was conducted at the Philippine Embassy from 10:00 A.M. to 1:30 P.M. Embassy services, Bahrain culture and relevant laws in the Kingdom were discussed during the PAOS. A total of 72 household service workers and agency representatives participated in the seminar.



*Clockwise from the top: H.E. Alfonso A. Ver, delivering his message;
Labor Attaché Vicente M. Cabe, during his Welcome Remarks;
Consul Maria Paz G. Cortes, discussing Bahrain's culture and the relevant laws
affecting migrant workers and overseas Filipinos in the Kingdom;
Vice Consul Joaquin Ricardo R. Aragon, talking about the Embassy's Consular and
Assistance to Nationals services*

Financial Literacy Seminar, Yoga and Zumba Sessions

On 02 March 2018, members of the Filipino community and Embassy personnel participated in a Financial Literacy seminar, which was held at the residence of H.E. Ambassador Alfonso A. Ver, to kick-off the celebration of Women's Month.

POLO-OWWA sponsored Yoga and Zumba sessions at the Philippine Embassy on 09 and 10 March 2018, as part of the celebration of Women's Month. Embassy personnel and interested members of the Filipino community participated in the workout sessions.



Clockwise from the top: Ms. Blyschelle De Mesa Simmons led the yoga practice participated in by Embassy personnel and MWOFRFC wards; Zumba session with Mr. Alberto Sandoval and MWOFRFC wards; Financial Literacy seminar conducted by Ms. Venus Villanueva at the Ambassador's residence