## PR-AAV-018-2019

## PHILIPPINE EMBASSY AND BAHRAIN SPECIALIST HOSPITAL CONDUCT SPECIAL PROGRAM FOR WORLD HEALTH DAY



PHL Ambassador to the Kingdom of Bahrain, H.E. Alfonso A. Ver, setting the example by having his blood sugar checked by Mr. John Art Israel Juan, a paramedic of the Bahrain Specialist Hospital.

10 April 2019 – In observance of World Health Day 2019, the Philippine Embassy in Manama, Kingdom of Bahrain, in coordination with the Bahrain Specialist Hospital (BSH) conducted a special health awareness program at the Embassy lobby on Sunday, 07 April 2019.

Medical staff of the BSH provided free blood pressure checking and blood sugar testing to the Embassy's personnel as well as to applicants and visitors of the Embassy. The project is part of the Embassy's program to increase the awareness of Filipinos in Bahrain to take care of and invest in their health and overall wellness, bearing in mind that working outside the country can cause stress related illnesses. The Embassy also emphasizes that Overseas Filipinos need to prioritize taking care of their own health, not only to enable them to continue providing for their families back home but also for them to enjoy the fruits of their hard work upon their return to their families in the Philippines.



Labor Attaché Vicente Cabe having his blood pressure checked by BSH nurse, Ms. Apolonia Sebastian. Photo below shows Embassy clients availing of the free medical check up.

