

# PRESS RELEASE

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### HEALTH PROMOTION CAMPAIGN AMONG EMBASSY PERSONNEL



Charge d' Affaires Maria Paz G. Cortes (7<sup>th</sup> from right), Labor Attache Vicente Cabe (6<sup>th</sup> from right), Welfare Officer Redina Manlapaz (8<sup>th</sup> from right), Safety Officer Mr. John Pastrana (7<sup>th</sup> from left), PNAB President Mr. Cris Canto (5<sup>th</sup> from right) together with the Embassy participants during the Health Promotion Campaign

30 March 2022 – The Philippine Embassy in Manama, Kingdom of Bahrain in coordination with the Philippine Nurses Association-Bahrain Chapter (PNAB) conducted a health promotion campaign among the Embassy personnel focusing on awareness of safety and infection control with guest speaker, Mr. John Pastrana on 30 March 2022 at the Embassy lobby.

The guest speaker, Mr. Pastrana is a Registered Safety Practitioner offering more than 20 years of widespread training and experience in different industries with his exceptional grasp of Occupational Safety and Health Administration (OSHA) and National Fire Protection Association (NFPA) rules and regulations. He is a member of the Philippine Society of Safety Practitioners-Middle East Chapter and a registered member of the OSHA. He also received an International Diploma in Occupational, Health, and Environment (IDOSHE).



During the session, Mr. Pastrana discussed topics on general safety which includes safety protocols regarding fire, electrical, housekeeping, hazardous materials, waste management, noise, food, and emergency preparedness. Furthermore, Mr. Pastrana also shared tips on prevention, safety, and emergency preparedness in the workplace and household. **[END]**